

# WORKTOP TO DESKTOP



At Aishah Help, we deliver tailored programmes designed to support Black and minoritised ethnic communities across London, with a particular focus on women and girls aged 25 and over who face barriers to employment, entrepreneurship, and financial independence.

Worktop to Desktop is rooted in the belief that every woman deserves the opportunity to grow, whether that means building new skills, gaining confidence, or accessing meaningful opportunities. Places are limited. If you're ready to take control of your future and unlock your potential, this programme is for you.



Aishah Help



## Who is this programme for?

The programme supports unemployed minority women seeking to return to work or interested in starting their own business. Participants may face barriers such as educational inequalities, language challenges, cultural hurdles, or personal responsibilities.



**Holistic, practical  
and person-centred  
approach**



**Engage over online  
sessions**

The programme offers flexible online sessions that are interactive, supportive, and designed to fit around your daily commitments. Each session lasts a few hours, giving you the time and space to learn, engage, and grow, without disrupting your routine.



*Aishah Help*

**aishahhelp.com**

## By participating, you will:

### **Build Confidence**

Develop the skills and mindset needed to pursue employment or entrepreneurship.

### **Access Tailored Support**

Receive personalised guidance and resources that address your unique challenges.

### **Enhance Financial Literacy**

Gain knowledge in budgeting and financial planning to improve financial wellbeing.

### **Improve Digital Skills**

Become proficient in using digital tools, enhancing your employability and expanding your opportunities

### **Join a Supportive Community**

Engage with others on a similar journey, fostering connections and shared learning.

**APPLY NOW**



# ACTIVITIES



**CV WRITING**



**INTERVIEW**



**PUBLIC SPEAKING**



**PROJECT  
MANAGEMENT**



**LINKEDIN**



**IT SKILLS**



**BUSINESS START UP**



**SIGNPOSTING &  
REFERRALS**



**GARDENING**



**SEWING**



**BUDGETING**

Participants will  
have a chance to  
attend one of  
these training  
activities  
and MORE



## Who is this programme for?

The programme supports unemployed minority women seeking to return to work or interested in starting their own business. Participants may face barriers such as educational inequalities, language challenges, cultural hurdles, or personal responsibilities.



**Holistic, practical  
and person-centred  
approach**



**Engage over online  
sessions**

The programme offers flexible online sessions that are interactive, supportive, and designed to fit around your daily commitments. Each session lasts a few hours, giving you the time and space to learn, engage, and grow, without disrupting your routine.



*Aishah Help*

**aishahhelp.com**

## By participating, you will:

### **Build Confidence**

Develop the skills and mindset needed to pursue employment or entrepreneurship.

### **Access Tailored Support**

Receive personalised guidance and resources that address your unique challenges.

### **Enhance Financial Literacy**

Gain knowledge in budgeting and financial planning to improve financial wellbeing.

### **Improve Digital Skills**

Become proficient in using digital tools, enhancing your employability and expanding your opportunities.

### **Join a Supportive Community**

Engage with others on a similar journey, fostering connections and shared learning.

**APPLY NOW**



Aishah Help

## WORKTOP TO DESKTOP



"The job applications workshop helped me to rebuild my confidence. I learnt how to write tailored CV's, cover letters and prepare for interviews. I went on to do an Internship, gained new skills and secured a job and I feel much more confident. I've already recommended the course to other mums like me."

-[NK, 24, Employment Workshop]



**APPLY NOW**

### CONTACT DETAILS

✉ w2d@aishahhelp.com

☎ 020 8088 7650

**aishahhelp.com**